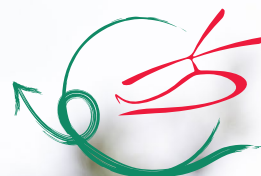


HELIMEDS



**CELEBRATING 25 YEARS
OF SAVING LIVES**



Elusen | **WALES**
Ambywlans | Air
Awyr | Ambulance
CYMRU | Charity

SUMMER 2026

Welcome to the Summer Edition of Helimed

Welcome to the summer edition of Helimed, and thank you for your continued support of Wales Air Ambulance.

As we mark our 25th anniversary year, this issue celebrates the incredible people, events and partnerships that help keep our lifesaving service operating across Wales.

Inside, you'll read about our special 25th Anniversary Gala Dinner, attended by our Royal Patron, HRH The Prince of Wales, which raised an incredible £180,000 for the Charity. We also celebrate this year's Walk Wales challenge and anniversary raffle, which together raised vital funds to support future missions.

We shine a light on remarkable supporters, including long-serving volunteer Graham Hirst, who was recognised for his dedication to the Charity, and former patient Sue Davies, who has chosen to leave a gift in her Will as a lasting thank you for the care she received.

You'll also discover how organisations such as the Farmers' Union of Wales and Booker Cardiff are making a lifesaving difference through their support and fundraising efforts.

Your support helps sustain a service that brings advanced critical care to people across Wales.

Our consultant-led service takes hospital-standard treatment to patients and, when required, transfers them directly to the most appropriate hospital for their illness or injury. It is delivered through a unique partnership between the third sector and the public sector.

To keep the helicopters in the air and rapid response vehicles on the road, the Wales Air Ambulance Charity relies on public donations to raise £13 million every year.

Our helicopter operation is provided by Gama Aviation, via a contract with the Charity.

The Emergency Medical Retrieval and Transfer Service (EMRTS) supplies highly skilled NHS consultants and critical care practitioners, who work on board the Charity's vehicles.

Our advanced critical care includes administering anaesthesia, delivering blood transfusions and carrying out minor operations at the scene of an incident.

As a pan-Wales service, our dedicated crews will travel the length and breadth of the country to deliver emergency lifesaving care, regardless of where they are based.

Every achievement featured in these pages has been made possible by people like you. Thank you for helping us continue to deliver critical care to those who need it most, whenever and wherever it is needed.



Monmouthshire supporter wins £3,000 in Wales Air Ambulance anniversary raffle



A Monmouthshire supporter has won Wales Air Ambulance's 25th anniversary raffle after purchasing 32 tickets!

Mariana Robinson was delighted to win the first prize of £3,000 in the recent draw. The second prize winner was Anastasia Konstantynova from Swansea, who won £300, and the third prize went to John Martin from Barry, who won £150.

The raffle, which ran between 25 March and 1 June, sold more than 60,500 tickets and raised over £82,000 for the all-Wales Charity.

Mariana, 72, said: "I was absolutely delighted to be the winner, and it was a timely surprise. I'd just had a large bill for my 23-year-old car the day before, so that's why it was timely."

She said that she may put some of her winnings towards a holiday later in the year or treat herself to a smartphone or new computer.

Artist Mariana is a keen supporter of the all-Wales Charity and will donate an original watercolour painting to the Charity for a future fundraiser.

Reflecting on why she supports the lifesaving Charity, Mariana said: "I have complex health conditions, and I live in a fairly remote rural area; I may well need to use the air ambulance myself one day.

"I'm grateful to the volunteers and team that keep this valuable emergency service going. Helicopters are not cheap to run or replace!"

In 2026, the Charity marks its 25th anniversary. The service has attended more than 57,000 missions in that time, providing lifesaving treatment in some of the most challenging circumstances and giving patients the best possible chance of survival and recovery.

Phae Jones, the Charity's Director of Income Generation, said: "Congratulations to all our 25th anniversary raffle winners, and thank you to everyone who supported this special milestone fundraising campaign. The raffle raised an incredible £82,000 for our lifesaving Charity. We are extremely grateful to everyone who bought a ticket and entered the draw. You've all played a part in saving lives across Wales.

"Congratulations to Mariana, who has supported our Charity for many years. Buying 32 tickets certainly paid off, and we hope she enjoys spending her winnings.

"Our Charity needs to raise £13 million every year to keep our helicopters in the air and our rapid response vehicles on the road. Our 25th anniversary raffle will help us to continue to be there for the people of Wales when they need us most. Thank you to everyone who entered and donated to our cause."



Booker Cardiff brands HGV lorry in support of Wales Air Ambulance Charity

Booker Cardiff has thrown its support behind the Wales Air Ambulance by promoting the Charity's branding on one of its HGV lorries.

The newly branded lorry is now on the road, helping to raise awareness of the Charity across Wales.

Booker Cardiff will also use the branded lorry to support the Charity with transport during its Cycle 100km event on Sunday 6 September.

The company was keen to support the all-Wales Charity after one of its crew was called out to colleague Steve Hughes' family members in 2022.

Steve's mother and niece were returning home from a shopping trip when they were involved in a road traffic accident.

Steve, Senior Operations Clerk for Booker Cardiff, said: "Tragically, neither my mother nor my niece could be saved. Wales Air Ambulance was fantastic in dealing with such a challenging situation and showed the utmost respect to our family.

"It's crucial that a charity as important as Wales Air Ambulance gets the funding and awareness it needs to continue providing such a brilliant service for the people of Wales."

Steve is grateful that Booker Cardiff is helping raise awareness of the Charity. He said: "I would also like to thank Booker for allowing us to be advocates and doing something that hasn't been done before, by Booker, for this Charity. Wrapping a vehicle doesn't sound like much to some people but for us, it's a perfect way to show our support and continue raising awareness for such a vital service."

Phae Jones, Wales Air Ambulance's Director of Income Generation, said: "Thank you to everyone at Booker Cardiff. We truly appreciate your support of our Charity. It is humbling that, after Steve tragically lost his mother and niece, he wanted Booker to support the Wales Air Ambulance, and this is a wonderful way to do it.

"The lorry looks fantastic. It's unmissable and will bring awareness of the Wales Air Ambulance to everyone on the roads. We are also delighted that the company has pledged its support during our Cycle 100km event in September.

"Thank you so much to everyone at Booker Cardiff for promoting our Charity in its 25th anniversary year."



Charlies Raises an Incredible £22,927 for Charity

Dedicated staff and generous customers of Charlies raised nearly £23k for charity in 2025, **bringing the total contributions over the years from the company to a remarkable £197k.**

Dedicated staff and generous customers of Charlies raised nearly £23k for charity in 2025, bringing the total contributions over the years from the company to a remarkable £197k.

The total will be split £11,111 for the Welsh Air Ambulance, £4,110 for the Midlands Air Ambulance and £7,452 for Lingen Davies, ensuring vital support reaches our communities.

Charlies is renowned for providing customers with that extra dose of magic during the festive season and supportive customers dug deep to support the singing reindeer, yetis, penguins and farm animals. As well as this, other initiatives to raise money included a Christmas Tree decorating evening, wreath making workshops and a Christmas raffle for staff.

As has become a Christmas tradition for Charlies, £2 was donated from the sale of every real

Christmas tree. This year the total number of trees sold amounted to nearly 4000 across all stores.

Becky Lloyd, Managing Director of Charlies, said: "We are incredibly grateful for the ongoing kindness and generosity shown by our customers year after year.

"We're proud to donate such a large sum of money to such worthwhile charities. Next year our total will exceed £200,000 raised over the years for charity so we wanted to extend a heartfelt thank you to everyone who has donated, participated or supported our events. Your contributions genuinely make a difference."

Phae Jones, Director of Income Generation for the Wales Air Ambulance, said: "We are so grateful to Charlies, along with their dedicated staff and loyal customers, for their continued commitment to the Wales Air Ambulance. Their remarkable contribution once again this year strengthens our lifesaving work. Your support truly helps us reach those who need us most and keeps our helicopters in the air and our rapid response vehicles on the road."

"We are so grateful to Charlies, along with their dedicated staff and loyal customers, for their continued commitment to the Wales Air Ambulance."

Phae Jones - Director of Income Generation for the Wales Air Ambulance

Steven pictured with Wales Air Ambulance Regional Fundraising Manager, Emily Bell.



Golf Captain raises funds for lifesaving service!

A Wales Air Ambulance volunteer is 'delighted' to hand over a cheque to the Charity after fundraising for the lifesaving service during his year as Men's Golf Captain.



70-year-old Dilwyn Roberts, who plays at Denbigh Golf Club, said: "One of the privileges of being club captain is that you get to nominate your chosen Charity.

"Obviously, volunteering for the Wales Air Ambulance, it was the natural choice that it should be the beneficiary during my year from 2024 to '25."

He added: "We held a few events, including the Captain's Day and had a Captain versus Vice Captain match.

"Thursday is the Men's Competition Day; we have a halfway house on the 9th green, so I would spend the morning providing tea and coffee, which helped raise funds too."

The grandfather of three helped raise £1,250. He said: "It costs so much to fund the service; people are quite surprised when I tell them.

"I am grateful to all those who donated and supported me during my year as Captain."

Dilwyn, who has been married to Janet for 47 years, said: "When I retired, I knew I would have plenty to keep me occupied because of my interests.

"Living in Denbighshire, my local football club is Colwyn Bay and up until four months ago I was a director there.

"It is still a passion of mine, except now I just get to sit back and enjoy the game, whether home or away."

He continued: "But thanks to my wife, I became a volunteer for Wales Air Ambulance back in 2019.

"She started talking to a representative whilst shopping at Tesco in Prestatyn and said my husband will be a driver or do bucket collections.

"As a result, we both became volunteers and have made so many friends over the past seven years; we have a really good crowd in North East Wales."

Wales Air Ambulance offers a range of volunteering roles that cater to different interests and skills. Volunteers can help organise and attend community fundraising events or volunteer in their local Charity shop. If you are interested in volunteering roles there are further details on our website and an application form: www.walesairambulance.com/volunteering

HERE ARE SOME OF YOUR FUNDRAISING STORIES

As always, we couldn't provide our lifesaving service for the people of Wales without you, our supporters. We would never have reached our special 25th anniversary without the dedicated support of you all. We are extremely grateful to everyone who has fundraised for the Charity. During the past 25 years, every fundraiser has played an important part in saving lives across the country.

Schoolgirl raises £300 for charity that came to her aid as a baby

A kind-hearted schoolgirl has raised £300 for the Charity after she needed the service as a baby.

Ten-year-old Rhian Ferraro, from Newcastle Emlyn, organised the cake sale as part of her Brownies Charity badge.

When Rhian was just ten weeks old, she stopped breathing at home and was rushed to her local GP surgery. The Wales Air Ambulance was quickly dispatched to the scene and flew a poorly Rhian to hospital in Cardiff.

Rhian who had a large hole in her heart, was monitored in hospital for two nights before returning home.

Rhian, who is a member of the Teifi district Newcastle Emlyn Brownies sold her 176 delicious cakes/cheesecakes in just 20 minutes!

Gala dinner raises over £6,000

A successful gala dinner has raised over £6,000 for the Wales Air Ambulance.

The Lord Nelson Hotel, Milford Haven, organised its second gala for the lifesaving service after being approached by past patient Sean Luby and his family to host the fundraiser.

Over 100 people attended the popular bi-annual gala dinner that raised £6,020 for the all-Wales service which came to paramedic Sean's aid in 2023.

The gala dinner, which also saw an auction and raffle take place, was attended by the family and friends of the Luby family and others.

In total both gala dinners have raised around £11,000 for the Wales Air Ambulance.

Mold Fire Station's popular fundraiser raises £4,500 for good causes

The Crew from Mold Fire Station raised an amazing £4,500 for good causes following its annual bonfire and fireworks display.

The popular event, which was held at Mold Alex Football Club, was supported well by the public. Each year the display raises funds for its chosen charities to 'help support their work helping the local community'.

Chief Fire Officer Dawn Docx attended a recent event at Mold Fire Station to celebrate the efforts of the crew over the 2025 bonfire season.

The Wales Air Ambulance was delighted to attend the event and received a cheque of £1,500, along with North East Wales Search and Rescue and The Stroke Rehabilitation Centre at Deeside Community Hospital, who were both beneficiaries of the event.

South Wales company donates 12 body worn video cameras

A South Wales company has donated an incredible 12 body worn video cameras to the Wales Air Ambulance.

The Charity is delighted to have received the gift in kind, which would've cost more than £10,000, from M. R. S. Communications.

The company is a key player in radio communications, security improvement and crime prevention.

Carl Duarte of M. R. S. Communications visited the Wales Air Ambulance headquarters in Dafen, Llanelli to deliver the essential communications devices.

As well as supporting the lifesaving crew with medical incidents, the essential equipment will also be valuable in any major incidents.

Lady Captain raises funds for Wales Air Ambulance

Generous golfers have helped raise nearly £900 for the charity.

The women, at St Melyd Golf Club, Prestatyn, helped raise the funds for the Wales Air Ambulance after the club's Lady Captain for 2024/25, Lesley Williams, nominated the lifesaving service as their Charity of the Year.

The Charity was chosen by Lesley due to the fact her late husband Neville and his best friend Charlie Clubb were both 'staunch supporters' of the Wales Air Ambulance. The friends regularly fundraised and raised £500 for the charity.

Throughout Lesley's term as ladies captain there were a variety of different fundraising events held at the club, including raffles, drive in, donations instead of Christmas cards that were placed on a Christmas tree, as well as cards in memory of loved ones.

Carl said: "At M.R.S. Communications, we're proud to support the Wales Air Ambulance Charity and the vital, lifesaving work they do every day. By donating body worn cameras, we hope to provide practical support that enhances safety, transparency and operational insight for their crews. This partnership reflects our commitment to using technology for good and giving back to organisations that make a real difference to communities across Wales."





FUW raises £65,000 for Wales Air Ambulance during three-year charity partnership

The Farmers' Union of Wales has raised £65,000 for Wales Air Ambulance during a three-year charity partnership with the lifesaving service.

FUW President Ian Rickman nominated Wales Air Ambulance as the Union's charity partner for his 2023-26 term of office.

Dr Sue Barnes, Chief Executive of Wales Air Ambulance Charity, said: "We have had a fantastic three years working with Ian and his brilliant team.

"It has been a joyous pan-Wales partnership, involving our staff, crew and volunteers across the country."

She added: "Collaborations like this are key to everything we do, helping keep our helicopters in the sky and rapid response vehicles on the road.

"This is equivalent to the cost of eighteen missions. They truly are lifesavers."

Newly re-elected FUW President Ian Rickman attended the Charity's airbase in Dafen on Tuesday 14 July 2026, where he presented a cheque.

Mr Rickman said: "I am incredibly proud of what we have achieved together in support of Wales Air Ambulance Charity over the past three years.

"This fantastic achievement reflects the generosity and community spirit of FUW members, staff and rural communities across Wales, and I sincerely thank everyone who supported our fundraising efforts.

"Whether people attended one of our January breakfast events, bought a ticket for our ATV raffle or donated for tea or coffee at a local agricultural show, every contribution helped make this campaign a success. Countless acts of kindness and generosity across Wales have enabled us to raise these vital funds.

"Wales Air Ambulance provides an invaluable, lifesaving service, particularly in our rural communities, and it has been a privilege to support the charity.

"I am very grateful to everyone who supported us, and I know their generosity will help Wales Air Ambulance deliver critical care."

Dr Sue Barnes added: "There have been so many highlights during our partnership. Thanks to FUW, its members and supporters, we will continue to be there for people across Wales whenever and wherever they need us. Diolch yn fawr."



HRH The Prince of Wales Marks 25 Years of Wales Air Ambulance at Gala Fundraiser

His Royal Highness The Prince of Wales has praised the Wales Air Ambulance Charity’s lifesaving impact, as he joined supporters to mark its 25th anniversary at a special Gala Dinner on Friday 26 June.

The Charity’s Royal Patron attended the landmark event, which brought together volunteers, patients, crew members, partners and supporters to celebrate 25 years of delivering critical care across Wales. The Gala was hosted by television and radio presenter, Jason Mohammed.

Over the past quarter of a century, Wales Air Ambulance has grown from a single aircraft operating limited hours into a nationwide, 24/7 service delivering advanced, hospital-standard care wherever it is needed – from roadsides and homes to mountainsides and coastlines. Crews now have access to four aircraft and a fleet of rapid response vehicles.

The Charity has attended more than 57,000 missions, providing lifesaving treatment in some of the most challenging circumstances and giving patients the best possible chance of survival and recovery.

Speaking at the event, which took place at Celtic Manor in Newport, His Royal Highness paid tribute to the service and those behind it.



He said: “For 25 years, Wales Air Ambulance has provided a vital service to people and communities across Wales. In life-threatening moments, its crews have brought advanced critical care directly to those in greatest need, offering help and hope.”

He also highlighted the Charity’s global standing and its commitment to continuous improvement: “Wales Air Ambulance has earned an international reputation for the service it delivers, and for its commitment to evidence-based decision-making that helps ensure the best possible care for the people of Wales.”

The Prince further recognised the dedication of volunteers, staff and supporters whose commitment has sustained the Charity and strengthened its connection with communities across Wales.

The Gala Dinner also featured powerful patient stories and fundraising activities, including a live auction offering exclusive experiences and prizes.

The event was made possible thanks to its main sponsors: Ascona Group, Gama Aviation, Bibado and Redkite Solicitors.



Gama Aviation



The evening featured a powerful and deeply moving account from former patient Alan Owen, who shared his family’s experience of survival and recovery following a cardiac arrest in April 2022. After collapsing while playing walking football, Alan was without a heartbeat for eight minutes before being revived by those around him. Wales Air Ambulance clinicians provided advanced critical care at the scene, stabilising him despite the severity of his condition and coordinating onward treatment that ultimately saved his life.

Reflecting on his experience, Alan said: “There is no doubt in my mind that without the Wales Air Ambulance, I would not be standing here today.”

He also spoke movingly about the wider impact on loved ones, highlighting the experience of families as ‘co-survivors’: “Their trauma is different, but no less real.”

Emphasising the lasting gift the service has given him, he added: “I have been given more time. Time with my family. Time that I would not have had without this charity.”

Earlier in the evening, Chief Executive Dr Sue Barnes reflected on the Charity’s journey and the transformation of the service since its launch in 2001.



Dr Barnes also emphasised the role of public support in sustaining the service. She said: “The Charity’s evolution is all the more remarkable because it is powered by a nation of just over three million people. A small country, with a huge heart. So, as we mark this milestone, we do so with pride and gratitude.

“For everyone who has given their time, expertise, commitment and support, thank you.

“This service belongs to the people of Wales. We are your air ambulance, and we exist because of you.”

Thanks to the generosity of guests, sponsors and supporters, the Gala raised an incredible £180,000, including generous sponsorship from corporate supporters of over £85,000.

As Wales Air Ambulance looks to the future, the event not only celebrated 25 years of service but also highlighted the continued need for support to ensure more patients across Wales can be reached in their time of need.



Lifetime supporter will leave a gift in will for charity that saved her life

A grateful farmer's wife whose life was saved by the Wales Air Ambulance has pledged to leave a gift in her will as a final thank you for the life she's had – a life that may have been cut short without the help of the service.

Sue Davies, from Brecon, has always been a passionate supporter of the Charity.

When Sue and her husband Gareth celebrated their 25th wedding anniversary in May 2009, the couple held a party and requested donations for the Wales Air Ambulance in lieu of gifts. They raised over £3,000 for the lifesaving Charity.

Little did Sue and her family know that just five months later, the air ambulance medics would save her life. Sue had an accident on a quad bike at the family farm, which catapulted her into the air and left her with a broken neck.

She spent two months in hospital, followed by a further month in a specialist spinal unit.

Following five operations and reconstructive surgery on her face, Sue went on to make a remarkable recovery.



Incredibly, she has taken part in the Charity's Cycle 100km event since its inauguration, riding from Cardiff to its headquarters in Dafen. She has also taken part in numerous fundraisers since 2009, including Walk Wales, the Coffee and Cake event, and holding many raffles. She has raised thousands for the Wales Air Ambulance.

As well as planning on leaving a gift in her will for the Charity, Sue will also request that any donations be given to the Wales Air Ambulance in lieu of flowers at her funeral.

Reflecting on why she wanted to support the Charity beyond her lifetime, Sue said: "It will be my final way to say thank you for the life I've had – a life that would have been cut short without them. It will also be my last big thank you to the Wales Air Ambulance. Leaving money in my will and asking for donations at my funeral is the last thing I can do.

"I wouldn't be here without the Wales Air Ambulance, and I will be forever grateful.

"The service is absolutely vital to the people of Wales. Perhaps because we live in a rural area, it hits home more with me. It's so important because of our terrain and our population, and how people are all spread out. Look at the lives that would be lost without the Wales Air Ambulance.

"I don't know how I would've survived without them. It was a no-brainer to leave a gift in my will.

"I can't thank the Wales Air Ambulance enough; they saved my life."

Jane Griffiths, Philanthropy and Partnerships Fundraiser at the Wales Air Ambulance, said: "Sue is a valued lifetime supporter and to be remembered in her Will is a true honour. Her kind gift will help ensure the lifesaving service continues for future generations."

"I don't know how I would've survived without them. It was a no-brainer to leave a gift in my will."



If you're considering leaving a gift in your Will, or have already chosen to support Wales Air Ambulance in this special way, Jane, our Legacy Fundraiser, would be delighted to hear from you. Whether you have a question, would like to discuss your plans, or simply let us know your intentions, please get in touch. Call 0300 0152 999 or email legacy@walesairambulance.com.

'Charity stalwart' receives special recognition after twenty years of volunteering for lifesaving service!

A Wales Air Ambulance volunteer has been recognised at the High Sheriff of West Glamorgan Awards 2026.

86-year-old Graham Hirst from Swansea, was among the recipients at a special event held at the Waterfront Church in SAI on Saturday, 30 January 2026.

He attended the awards with his daughter Nichola, who says she is 'very proud' of her dad.

Graham said: "It has felt wonderful to be part of such a lovely event, but I am one of many volunteers who support Wales Air Ambulance, day in and day out.

"I didn't expect anything like this for what I do. I do it because I enjoy it, I get a lot of satisfaction out of supporting this incredible lifesaving service.

"I was quite surprised to receive this award. I am a backroom boy, and happy with that."

Graham has had a varied career serving with the Merchant Navy as an engineer, then working as a foreman for Alcoa for thirty years.

He started out at the warehouse in Swansea, driving the van and helped to fit out the Charity's first shop, but nowadays you are more likely to find him at the Dafen HQ sorting the collection boxes.

Graham said: "For the first 11 years I had the full support of my wife Vera. She sadly passed away six years ago, and since then besides me helping the charity, it has helped keep me occupied."

Nichola agreed and added: "There is only my dad and I left, but if my mum was still here, she would be very proud of him.

"Since her passing, I think his voluntary work has kept him going and given him a purpose."

She admits 'there were a few tears', as she watched her dad, walking to the podium to receive his special recognition.

Nichola said: "An award ceremony is probably one of the last places you would expect to see my dad.

"He does what he does because he loves it, it keeps him busy, and to be honest I think it really keeps him young."

48-year-old Diana Stroia was appointed as the High Sheriff of West Glamorgan in 2025. Her term in office came to an end in March.

Diana said: "For nearly two decades, Graham — known to many in Swansea for his trademark cowboy hats and ever-present smile — has been at the heart of volunteering for the Wales Air Ambulance Charity.

"He has supported the Charity from the early days, and his commitment has seen him undertake many roles.

"Volunteering has also given Graham purpose and connection during difficult personal times, and the Charity is richer for his presence.

"He is, quite simply, irreplaceable, an outstanding example of dedication and community service. Congratulations on this very well-deserved recognition."

Representatives from the Wales Air Ambulance Charity were among the invited guests.

Dr Sue Barnes, Wales Air Ambulance's Chief Executive said: "Graham is one of our longest service volunteers and is outstanding! We are all so proud of him, he really is such a stalwart of the Charity.

"He is usually one of the first faces I see at the Dafen headquarters on Thursday, always his usual upbeat self.

"Graham gives so much to the Charity, but I know he gets a lot from what he does too. As he puts it: "when I see that helicopter go up... we are part of that".

"It's wonderful to see him honoured in this way, for his dedication to our lifesaving service."



"I didn't expect anything like this for what I do. I do it because I enjoy it, I get a lot of satisfaction out of supporting this incredible lifesaving service."

Graham Hirst - Wales Air Ambulance Volunteer

Picture this

Where it all began...



We are delighted to share some pictures from the early years of our service.

You've Walked Wales Again - Thank You

Family, friends, colleagues and supporters once again walked Wales for our annual Walk Wales fundraiser, raising an incredible £27,000.

The virtual and in-person challenge, which has been running for seven years, is aimed at people of all ages and abilities. It was a chance to have a catch-up with family or friends, or set yourself a personal challenge whilst 'walking Wales' for a good cause.

As well as your own personal challenges that you set yourself, we held three events across the country: Gower, Elan Valley and Great Orme.

This was the first year we introduced the Elan Valley and Great Orme walks as part of the challenge.

We saw supporters lacing up their walking boots, once again, to join Welsh rugby great and Charity ambassador James Hook during walks along the Gower. Over 100 participants had a choice to walk 22, 10 or 3 miles with former British and Irish Lions international James and members of the Wales Air Ambulance crew.

The following weekend saw the sun shining for the Elan Valley and Great Orme walks, which proved just as successful.

Emily Bell, Regional Fundraising Coordinator, said: "It was great to see so many people walking together over the weekend in support of the Charity. I'm already looking forward to Walk Wales 2027."



It is never too early to sign up for Walk Wales 2027; you can do so via our website - www.walesairambulance.com/walk-wales-2027

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and save lives!**

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